

First Place for Cheer & Hip Hop

Again & Again & Again & Again & Again & Again!

On December 5th, all 10 of Gold Star's Cheer and Hip Hop teams performed at the Cow Palace in the JAMZ Slam City Competition, and took home SEVEN first place trophies! Congrats to Tiny Cheer & Hip Hop; Senior Cheer & Hip Hop; Mini, Youth & Open Hip Hop on winning first place. Junior Hip Hop ended the day in 2nd! Our two Youth Cheer teams competed in the toughest division and with



awesome routines both finished in the top ten. An extra pat on the back goes to coaches A.J. and Kim whose routine for Youth Hip Hop won "Most Innovative Choreography" out of the entire field of dance teams. The real compliment was paid to the GSG competitors, parents, and coaches when Gold Star was chosen for the



"Congeniality Award". Out of all of the clubs participating that day, it was a fantastic testament to the Gold Star spirit to be recognized as the most friendly, inviting, and supportive team in the arena. **OUTSTANDING WORK!**

Monday, January 18, 2010

Martin Luther King's Day Camp

Once again we are offering one-day camps on Martin Luther King's Day. Half-Day Mini-Star Camps and a Full-Day School-Age Camp are filled with gymnastics, cheerleading stunts, rhythmic gymnastics, games, arts & crafts, music, healthy snacks with FRESH FRUIT, and more. Let the kids run around despite the weather. Sign up at the front desk.



We are Open for Classes on MLK day
Monday, January 18th



This Month's Safety Issue: Parent Feedback

Safety is our number one issue, and we are constantly working towards maintaining a safe and healthy environment. As parents and guardians of Gold Star gymnasts, there are surely things you have seen that you have liked and things that we can improve upon. This month we are asking for your feedback. If you have a compliment or words of advice for our staff, please write down your comments (the front desk has official feedback forms, but we will accept comments on any manner of napkin, post-it, or scrap paper). Please include the employee's name (desk staff, coach, or manager), your name, and your child's name. Hand the paper over to anyone at the desk, and your comments will be given directly to Pam, the owner, who will relay them appropriately - she often calls to discuss concerns so please include your contact information. We truly appreciate you taking the time to help our staff improve, and to pass along those wonderful compliments!



Congratulations to our Level 4 Gymnasts
Who Competed at States on December 5-6, 2009

Great Job Alyson, Cindy, Emily, Emma, Isabella, Jane, Kaveri, Lexy, Lisa, Shelby & Valeria

We Need Your Current Email Address!

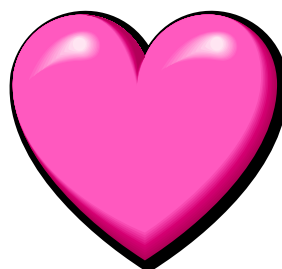
We are asking for your current email address. Please take a moment to stop by our front desk and give it to our staff.

Finally after months of planning and preparing we have moved our database over to a new gym program. This program will allow us to send out paperless statements about tuition payments, notices announcing upcoming events, and reminders of monthly holidays, plus much more.

But in order to make this leap into the realm of paperless communication we need a current email address for your family. Please be assured that we will not share this address with any other company, and will only use it for Gold Star business.

Also we will soon be able to accept on-line payments with your credit card. If all goes well this feature should be up and running on our website by the end of January.

VALENTINE'S KIDS NIGHT OUT PARTY



On Saturday, February 13th, Gold Star is hosting a Kid's Night Out Party. Drop your children off at the gym at 6:00 p.m. for supervised play on the equipment, games, prizes, and pizza. Pick-up is not until 9:00 - just enough time for a romantic dinner. Arrange a carpool, and you and your spouse can even take in a movie - all

while your children are having a blast and coming home ready to sleep soundly. Admission is \$30 - additional siblings enter for \$25. Children must be 5 years or older. All of the proceeds from this event benefit the GSG Artistic Teams.