



GIRLS RECREATIONAL GYMNASTICS

(First Grade and Older)

Beginner (Red) & Advanced Beginner (Orange) ★ 1 Hour Class
 \$90 per month for one class each week
 \$160 per month for two classes each week

Instruction is given on Vault, Bars, Beam, Floor Exercise, and Tumbl Trak, plus Trampoline for the Red and Orange Levels.

Students participate in a motivational program to progress through the four levels of instruction. The girls are assessed every other month, and earn stars for mastered skills.

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Red	Orange	Red	Orange	Red	Orange	Red	Orange	Red	Orange	Red	Orange
		2:40				2:40	2:40			9:00	9:00
3:30	3:30	3:30	3:30	3:30	3:30	3:30	3:30	3:30	3:30	10:00	10:00
4:30	4:30	4:30	4:30	4:30	4:30	4:30	4:30	4:30	4:30	11:00	11:00
5:30	5:30	5:30	5:30	5:30	5:30	5:30	5:30	5:30	5:30	12:00	12:00
6:30		6:30		6:30	6:30	6:30	6:30	6:30			

Intermediate (Yellow) & Advanced Intermediate (Green) ★ 1½ Hour Class
 \$120 per month for one class each week
 \$205 per month for two classes each week

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
Yellow	Green	Yellow	Green	Yellow	Green	Yellow	Green	Yellow	Green	Yellow	Green
3:30		4:30		3:30		3:30			3:30	9:00	
					5:00	4:30		5:00			10:30
5:00		6:30	6:30			6:30	6:30				

BOYS RECREATIONAL GYMNASTICS

(First Grade and Older)

Beginner (red) ★ 1 Hours Class
 \$90/mo for 1 class/wk
 \$160/mo for 2 class/wk

Intermediate (Purple) ★ 1.1/2 Hr Class
 \$210/mon for 1 class/wk
 \$205/mo for 2 class/wk

Instruction is given on Vault, High Bar, Parallel Bars, Pommel Horse, Rings, Floor Exercise, and Trampoline.

Students participate in a motivational program to progress through three levels of instruction. The boys are assessed every other month, and earn stars for mastered skills.

Monday		Tuesday		Wednesday		Thursday		Friday		Sat	
Red	Purple	Red	Purple	Red	Purple	Red	Purple	Red	Purple	Red	Purple
3:30		3:30		3:30		3:30		3:30	3:30	9:00	
	4:30	4:30				4:30	4:30	4:30		10:00	
6:00				5:30	5:30					11:00	