

GSG Rhythmic Win GOLD!



Our Levels 4-9 Rhythmic team is dominating their competitions this year. They have faced dozens of gymnasts in their age group and consistently Gold Star has risen to the top of the podium. Our Level 4 team is led by Angelina, who won first place All-Around in two meets. Beside her is Mengdi, claiming two silver All-Around medal, and then winning gold in Los Angeles against 44 other competitors. Emma has won two silver All-Around medals, and also in LA facing stiff competition, she brought home a bronze. Hana rounds out this powerhouse team. At the Sacramento Invitational,

with 25 other Level 4 gymnasts, she completed the Gold Star sweep with Angelina in first, Mengdi in second, and Hana winning a bronze medal in All-Around.

Leah is our only Level 5 gymnast this year, but she has made her mark. First place All-Around in San Diego, first place All-Around in Sacramento, and facing 49 other competitors in Los Angeles, Leah claimed a silver medal overall.

Our Level 6 team simply overwhelms the podium at each of their meets. In Sacramento Gold Star took the top 7 finishes with Alina in gold, Taya silver, and Kimi bronze. In San Diego, Alina won first All-Around in her session with Yael landing in third. When the next session in San Diego came to a close Taya was in first, Kimi in second, Daphne in third, Lisa in fourth, and Yujin in fifth. Taya really shone in Los Angeles, where she was crowned All-Around Champion, defeating 40 other gymnasts, her teammate Alina ended the day in fourth – in the 90th percentile.

Our Level 7's had an impressive meet in San Diego with Yuzuki spinning into third All-Around, Ekaterina leaping into fourth, and Danica grabbing fifth. In this same competition, Malia, our one Level 9 gymnast, won her session!

Congratulations to all of our Rhythmic gymnasts. Best of luck in your State and Regional competitions.



Gold Star is Hosting a Rhythmic Meet!

Sunday, March 11th in our Annex, Gold Star is hosting our first Rhythmic competition, beginning at 9:00 a.m. and running until approximately 2:00 p.m. Come and watch our Level 3, 4, and 5 gymnasts plus our Xcel team compete against two other Rhythmic Gymnastics Clubs. Also see a special performance by our Recreational Classes! Admission is \$20 for adults and \$10 for children. Come experience this momentous event!

Welcome Baby Lina!



Cassidy welcomed a beautiful baby girl into the world on January 7th. Adelina Faith weighed 6 pounds and measured 19 inches. We are excited to have Cassidy returning to work this month. Big sister Aiyanna is diligently teaching her sister everything she knows about growing up in the gym!

Spring Break Camps!

April 9 - 13

Classes Run Concurrently with Camps

Do you need a few more activities to keep your darling happy and active over your Spring Break week? Sign up for our one-day Spring Break Camps! You can enroll in as many days as you need and receive a price break for four sessions or more. Sign-up for extended day and have your camper stay until 6:00. Ask at the front desk for details.



Gymnastics Summer Camps Here!!



We offer ONE-DAY camps during the summer with a discount in price if you sign up for 4 or 5 days in the same week. All camps have an option of extended care until 6:00. These are fun-filled days of gymnastics, games and music, a healthy snack and an art project, and much more! Camps will be held at our NEW location -- 727 Sunnyvale-Saratoga Road in Sunnyvale. Come join us - ask at the front desk about how to reserve your child's space today!

March 5th - Enrollment Begins for Summer Gymnastics Classes All Class Students Must Re-Enroll!

Gold Star's Summer Gymnastics Classes will be offered from June 4th through August 11th.

Summer camps will run concurrently with gymnastics classes.

There are three options to enroll in summer:

Pay for 4 weeks and come any 4 weeks during the summer

Pay for 7 weeks and come any 7 weeks during the summer

Pay for 10 weeks for the price of 9 weeks

We have reduced our class offerings in the summer, and so **EVERYONE MUST RE-ENROLL** to attend the summer classes.

Make-ups are available for all paid classes.

There are no sibling discounts during the summer, but families have the flexibility to enroll siblings in different plans according to their varying schedules.

As with years past, the number of classes will increase in the fall.

ALL STUDENTS ENROLLED IN SUMMER CLASSES will be able to enroll three weeks earlier than the general public for fall classes.

Competitive team members do not need to re-enroll for summer, and should pay their usual monthly tuition for June, July & August.

SUMMER CLASSES will be held at our NEW LOCATION!

March's Safety Issue: Walking in Lines



This month every class will concentrate on walking in lines: from event to event, from the gym floor to the drinking fountain, and at the end of class from coach to parent. Allowing children to run from place to place in the gym is potentially very dangerous. The students may bump into each other or trip over the equipment. Walking in lines helps to maintain a safe environment.